

2007  
Conference  
Registration

International Celebrating the  
1956 | 2006 La Leche League  
50<sup>th</sup> Anniversary  
Power of Breastfeeding  
Conference  
2007  
July 20-23, 2007 Hilton Chicago



Celebrating



the Power of

Breastfeeding



## CHICAGO IS SURE TO BE YOUR KIND OF TOWN!

*Chicago, an exciting international city, is a tourism center that offers renowned dining, shopping, museums, theater, music, and acclaimed architecture. The Hilton Chicago Hotel, located in the heart of the city, overlooks Grant Park and Lake Michigan, Millennium Park, and the Museum Campus. It is minutes away from shopping and theatre. A free shuttle is available to guests of the Hilton to go shopping on the Magnificent Mile and State Street.*

*Millennium Park is an award-winning 24.5-acre park that is a center for art, music, architecture, and landscape design. It includes the interactive Crown Fountain, the contemporary Lurie Garden, and the popular Cloud Gate Sculpture.*

*The Museum Campus, a must-visit destination within walking distance of the hotel, is a lakefront park that links the Adler Planetarium, the Shedd Aquarium, and the Field Museum of Natural History.*

*Navy Pier is one of the best places to enjoy all the fun and beauty of a day on Lake Michigan. There is always something happening with more than 50 acres of parks, promenades, gardens, shops and restaurants. It offers the Chicago Children's Museum, a Time Escape 3D Ride, the Smith Museum of Stained Glass Windows, and of course the giant Ferris Wheel.*

*You can experience world-famous architecture first hand and view the Merchandise Mart, Marina City, the Sears Tower, and the new 92 story Trump Tower from a boat, a bus, a trolley, a bicycle, or on foot. Or rent a Segway to explore Chicago's Lakefront, Buckingham Fountain, and the Museum Campus.*

*A ten-minute walk from the hotel, the Art Institute of Chicago presents a collection spanning 5,000 years of artistic expression. It also includes the Kraft Education Center that offers family-friendly spaces with exhibitions, games, puzzles, and a children's library.*

*When you come to Chicago for the Conference, you will be sure to find memorable sights and enjoyable activities for the whole family!*

*Dear Friends,*

It is hard to believe that 50 years have gone by since we Founders joined together to form an organization to help breastfeeding mothers. Yet here we are in the midst of celebrating our 50th Anniversary year. We have enjoyed attending the LLLI Anniversary events, including the picnic in August in Wilder Park and the Gala Dinner in October, and we have been pleased to hear of the many events and activities that were held in local areas to celebrate this milestone.

But we are especially looking forward to the 50th Anniversary Conference, which will be held from July 20 to 23, 2007 at the Hilton Chicago in Chicago, Illinois, USA. The many LLLI Conferences that have been held over the years have been very special highlights of our lives. From the very first LLLI Convention in 1964, through the 1971 Conference when Princess Grace of Monaco was our special guest, to the recent Conference in Washington DC when the Founders' Parlor allowed us to meet with small groups of Leaders in an informal setting, each one holds special memories for us.

We are especially looking forward to this Conference as an opportunity for us to wish a "Happy Anniversary" to each one of you and to all LLL Leaders everywhere. We Founders had the idea that mother-to-mother support could be an effective way to help mothers breastfeed, but you took it from there. As you breastfed your babies, and helped other mothers do the same, you have made a difference in society's attitudes about infant feeding. You have truly changed the world. So we hope you can come to this special Conference and join us in "Celebrating the Power of Breastfeeding" and celebrating our joint success!

Perhaps Mary White's words say it best: "We hope that all of you who are in some way a part of La Leche League, whether your connection is old or new, will be able to share with us this celebration of 50 years of helping mothers and babies the world over. There will always be a need for the special kind of caring you give and we know that La Leche League will always be there to meet that need." And Marian Tompson adds: "Without all of you who went beyond being helped and joined with us to help others, La Leche League would not be celebrating its 50th Anniversary."

Come and be a part of this celebration! We look forward to meeting old friends and new ones at the Hilton Chicago from July 20 to 23, 2007. See you there!

*Betty Hoynes Spandekou    Mary Ann Kerwin    Marian Tompson*



*Mary Ann Cahill    Edwina H. Hoehlich    Mary White*

- Alumnae Activities . . . .21-22*
- Children at the Conference . . . . .11-12*
- Conference Bookstore . . . .10*
- Exhibit Hall . . . . .15*
- Founders' Tea . . . . .15*
- Gala Awards Night . . . . .15*
- Global Sessions . . . . .8*
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- Sunday Sessions . . . . .11-15*
- Technology Room . . . . .17*
- Travel Services . . . . .24*
- World Faire . . . . .10*
- Workshops . . . . .6*

## Session Definition/Room Capacity

**General Sessions** offer participants an opportunity to gather together in one large ballroom to enjoy a stimulating, motivational presentation. A General Session provides information that is of interest to all.

**Concurrent Sessions** offer participants a choice of topics presented by either an expert in the field or an experienced panel. Room capacities generally vary from 100 to 500, with smaller rooms lending themselves to more audience interaction. Register early to receive your first choice.

**Luncheon Sessions** offer you two options. If you choose a Making Connections Luncheon, you will have the opportunity to enjoy a relaxed, delicious meal as you make connections with both new and old friends. Or you may wish to attend a Continuing Education Luncheon with a featured speaker and earn CERPS or Contact Hours.

**Continuing Education (CE) Sessions** provide credits for International Board Certified Lactation Consultants (IBCLCs), Registered Dietitians (RDs), and Registered Nurses (RNs). Topics are presented by researchers and health care professionals who are experts in their field. Although these sessions offer credits for health care professionals, anyone seeking more technical breastfeeding information is welcome. The CE fee includes a printed bound syllabus as well as a certificate of attendance for those who wish to obtain continuing education credits. Because of the technical nature of continuing education panels, we recommend attendance by children be limited to quiet infants in arms and non-separating children who can sit quietly near their mothers. Your consideration of other attendees is greatly appreciated.

**Conference speakers are subject to change; not all speakers on this program have been confirmed. For a complete list of speaker information, see [www.llli.org](http://www.llli.org) or contact the LLLI Public Relations Department, P.O. Box 4079, Schaumburg, IL 60168-4079 USA, 847-519-7730, ext. 271 or [PRManager@llli.org](mailto:PRManager@llli.org)**

## Global Strategic Planning Summit (GSPS)

The Global Strategic Planning Summit provides an opportunity for Leaders to learn more about the Strategic Plan—how it can frame our LLL work in local communities and help LLLI to further deliver on its mission to help breastfeeding mothers and babies.

The Global Strategic Planning Summit will be a gathering of worldwide Leaders committed to the success of LLLI. We will discuss ways to focus LLLI resources on activities that celebrate and capitalize on our unique position in providing mother-to-mother breastfeeding support. Participants will explore strategic opportunity areas for LLLI and identify ways to incorporate these in our day-to-day work as LLL Leaders. Teams will address each of the LLLI Strategic Objectives:

- Focus on mother-to-mother support.
- Build volunteer network and reach currently underserved populations.
- Build LLL credibility to be first referral from health care professionals and health agencies.
- Build LLL awareness among mothers, mothers-to-be, and the general public.
- Transform LLLI into a global organization.

Strategic Planning Summit Participants will:

- Share local success stories and identify “best practices” currently used in different LLL entities.
- Discuss ways for individual Leaders and Groups to make changes in their LLL work to achieve Strategic Plan target outcomes.
- Strategize with others in LLL functional departments (e.g., Leader Accreditation, Finances, Communications) on ways to improve departmental processes in alignment with Strategic Objectives.
- Convene workgroups to develop action plans for specific target outcomes issues.
- Document creative ideas for implementation of Strategic Objectives.
- Develop plans for communicating Strategic Plan information back to their local LLL communities.

In all, the Global Strategic Planning Summit provides a one-time opportunity for Leaders to celebrate the first 50 years of our organization AND act to ensure the continued success of LLLI for the next 50+ years! Register for the Global Strategic Planning Summit on the Conference Registration Form.

LA LECHE LEAGUE INTERNATIONAL FULLY SUPPORTS THE INTERNATIONAL CODE OF MARKETING OF BREAST MILK SUBSTITUTES.

LLLI Board of Directors (1981, 1988, 1993, 2006)

## Program Key:

«CE» Continuing Education

🎧 Headphones

can be requested for a refundable \$50.00 deposit, payable by credit card, in the Conference Registration area.

Japanese, Mandarin, and Spanish interpretations will be available for all General Sessions, Luncheon speakers, and Gala Dinner speaker. Interpretation of other sessions will be scheduled on request. Go to [www.llli.org](http://www.llli.org) for details.

## Room Capacity:

Continental Ballroom A & B 275

Continental A 140

Continental B 140

Continental C 140

International Ballroom 2400

Grand Ballroom 750

Marquette Room 250

Joliet Room 100

Williford A 180

Williford B 180

Williford C 300

Lake Erie 130

Lake Huron 100

Lake Michigan 140

Lake Ontario 100

## **TUESDAY, JULY 17**

**8:00 AM—5:00 PM**  
(8:00—17:00)  
Peer Counselor Program  
Administrator & Peer Counselor  
Training

**7:00 PM—9:00 PM**  
(19:00—21:00)  
Conference Registration Open

## **WEDNESDAY, JULY 18**

**8:00 AM—5:00 PM**  
(8:00—17:00)  
Peer Counselor Program  
Administrator & Peer Counselor  
Training

**8:00 AM—12:00 NOON**  
(8:00—12:00)  
Conference Registration Open

**8:00 AM—6:00 PM**  
(8:00—18:00)  
Global Strategic Planning  
Summit (GSPS)

**9:00 AM—5:00 PM**  
(9:00—17:00)  
State of the Art of Mother  
Support Summit (by invitation)

**12:00 NOON—5:00 PM**  
(12:00—17:00)  
Seminar for Physicians on  
Breastfeeding

## **THURSDAY, JULY 19**

**8:00 AM—5:00 PM**  
(8:00—17:00)  
Peer Counselor Program  
Administrator & Peer Counselor  
Training

**8:00 AM—5:00 PM**  
(8:00—17:00)  
Global Strategic Planning  
Summit (GSPS)  
& Seminar for Physicians on  
Breastfeeding

**9:00 AM—5:00 PM**  
(9:00—17:00)  
State of the Art of Mother  
Support Summit (by invitation)

**1:00 PM—5:00 PM**  
(13:00—17:00)  
Conference Registration Open  
& Navigating the LLLI  
Conference

**5:45 PM—11:00 PM**  
(17:45—23:00)  
Spirit of Chicago Tour

## **FRIDAY, JULY 20**

**8:00 AM—9:00 PM**  
(8:00—21:00)  
Conference Registration Open

**8:00 AM—4:00 PM**  
(8:00—16:00)  
Navigating the LLLI Conference

**8:00 AM—5:00 PM**  
(8:00—17:00)  
Peer Counselor Program  
Administrator & Peer Counselor  
Training

**8:00 AM—12:00 NOON**  
(8:00—12:00)  
Global Strategic Planning  
Summit (GSPS)

**8:00 AM—1:00 PM**  
(7:00—13:00)  
Seminar for Physicians on  
Breastfeeding

**1:00 PM—5:00 PM**  
(13:00—17:00)  
Pre-Conference Workshops

**1:00 PM—6:30 PM**  
(13:00—18:30)  
Exhibit Hall Open

**1:00 PM—7:00 PM**  
(13:00—19:00)  
Bookstore Open

**1:00 PM—9:00 PM**  
(13:00—21:00)  
Poster Presentations on Display

**4:30 PM—6:30 PM**  
(16:30—18:30)  
Exhibit Hall Reception

**6:00 PM—6:45 PM**  
(18:00—18:45)  
Conference Orientation

**7:00 PM—7:45 PM**  
(19:00—19:45)  
Meet and Greet

**7:45 PM—10:00 PM**  
(19:45—22:00)  
Opening Night Ceremonies

## **SATURDAY, JULY 21**

**7:00 AM—9:00 PM**  
(7:00—21:00)  
Poster Presentations on Display

**7:00 AM—4:00 PM**  
(7:00—16:00)  
Conference Registration Open

**8:00 AM—4:00 PM**  
(8:00—16:00)  
Navigating the LLLI Conference

**8:00 AM—9:30 AM**  
(8:00—9:30)  
General Session

**10:00 AM—12:00 Noon**  
(10:00—12:00)  
Choice of Concurrent Sessions

**11:30 AM—12:30 PM**  
(11:30—12:30)  
Exhibit Hall, Bookstore, Peer  
Counselor Rooms Open

**12:30 PM—2:30 PM**  
(12:30—14:30)  
Luncheons

**2:00 PM—7:00 PM**  
(14:00—19:00)  
Exhibit Hall, Bookstore, Peer  
Counselor Rooms Open

**2:30 PM—3:30 PM**  
(14:30—15:30)  
Poster Presentation Authors  
Available

**3:30 PM—5:30 PM**  
(15:30—17:30)  
Choice of Concurrent CE  
Sessions

**3:30 PM—5:00 PM**  
(15:30—17:00)  
Choice of Concurrent Sessions

**7:00 PM—10:00 PM**  
(19:00—22:00)  
World's Faire

## **SUNDAY, JULY 22**

**7:00 AM—9:00 PM**  
(7:00—21:00)  
Poster Presentations on Display

**7:00 AM—4:00 PM**  
(7:00—16:00)  
Conference Registration

**8:00 AM—4:00 PM**  
(8:00—16:00)  
Navigating the LLLI Conference

**8:00 AM—9:30 AM**  
(8:00—9:30)  
Choice of Concurrent Sessions

**9:15 AM—12:30 PM**  
(9:15—12:30)  
Exhibit Hall, Bookstore, Peer  
Counselor Rooms Open

**10:00 AM—12:00 NOON**  
(10:00—12:00)  
Choice of Concurrent Sessions

**12:30 PM—2:30 PM**  
(12:30—14:30)  
Luncheons

**2:00 PM—4:00 PM**  
(14:00—16:00)  
Exhibit Hall, Bookstore, Peer  
Counselor Rooms Open

**2:00 PM—7:00 PM**  
(14:00—19:00)  
Bookstore Open

**3:00 PM—5:00 PM**  
(15:00—17:00)  
Choice of Concurrent Sessions

**5:15 PM—7:00 PM**  
(17:15—19:00)  
Founders' Tea

**7:30 PM—9:00 PM**  
(19:30—21:00)  
Gala Awards Night

## **MONDAY, JULY 23**

**7:00 AM—5:00 PM**  
(7:00—17:00)  
Poster Presentations on Display

**7:00 AM—6:00 PM**  
(7:00—18:00)  
Conference Registration

**8:00 AM—12:00 NOON**  
(8:00—12:00)  
Navigating the LLLI Conference

**8:00 AM—9:30 AM**  
(8:00—9:30)  
General Session

**9:15 AM—12:30 PM**  
(9:15—12:30)  
Last Chance to Visit Exhibit Hall

**9:15 AM—12:30 PM**  
(9:15—12:30)  
Bookstore and Peer Counselor  
Rooms Open

**10:00 AM—12:00 NOON**  
(10:00—12:00)  
Choice of Concurrent Sessions

**12:30 PM—2:30 PM**  
(12:30—14:30)  
Luncheons

**2:00 PM—5:00 PM**  
(14:00—17:00)  
Last Chance to Visit Bookstore  
and Peer Counselor Rooms

**2:30 PM—3:30 PM**  
(14:30—15:30)  
Poster Presentation Authors  
Available

**3:30 PM—5:30 PM**  
(15:30—17:30)  
Choice of Concurrent CE  
Sessions

**3:30 PM—5:00 PM**  
(15:30—17:00)  
Choice of Concurrent Sessions

**6:30 PM—10:30 PM**  
(18:30—22:30)  
Celebration Dinner and Closing



## ***FRIDAY JULY 20, 2007***

### ***8:00 AM—9:00 PM (8:00—21:00) Navigating the Conference***

A table staffed by well-informed Alumnae volunteers will be located in the Conference registration area on the lower level to provide answers to your questions about the Conference, the hotel, or the Chicago area.

### ***8:00 AM—12:00 Noon (8:00—12:00) Global Strategic Planning Summit (GSPS)***

### ***8:00 AM—5:00 PM (8:00—17:00) Peer Counselor Program Administrator and Peer Counselor Training***

### ***8:00 AM—1:00 PM (8:00—13:00) Seminar for Physicians on Breastfeeding***

### ***1:00 PM—9:00 PM (13:00—21:00) Poster Presentations Available for Viewing***

### ***1:00 PM—5:00 PM (13:00—17:00) Workshops***

Workshops will include an in-depth exploration of the topics through a presentation and interaction among participants.

- A. From the Grass Roots: How Leaders Can Influence People by the Millions  
Presented by Josh Bernoff
- B. Providing Breastfeeding Support during Emergency Situations  
Presented by Ann Bennett, Judy Canahuati, Mary Lungaho
- C. Career Paths in Lactation  
Presented by a panel of lactation experts telling about their careers
- D. Supporting the Unique Needs of Military Mothers  
Presented by Barbara Cooper and Sarah Goff
- E. Employment in Breastfeeding: Making it Work  
Presented by a panel of breastfeeding mothers who are employed
- F. Looking at the Different Ways to Do Breastfeeding Advocacy  
Presented by a panel of experts who are involved in advocacy projects
- G. Learn Your Myers-Briggs Type for Your Personal and Professional Life  
Presented by Mary Hurt

### ***1:00 PM—6:30 PM (13:00—18:30) Exhibit Hall Open***

### ***1:00 PM—7:00 PM (13:00—19:00) Bookstore Open***

### ***4:30 PM—6:30 PM (16:30—18:30) Exhibit Hall Reception***

### ***6:00 PM—6:45 PM (18:00—18:45) Conference Orientation***

First time attendees and those from outside the USA are invited to attend a gathering for an orientation to the Conference, the hotel, and Chicago.

***Waldorf Room***



**7:00 PM—10:00 PM (13:00—22:00) OPENING CEREMONIES*****The Power of a Dream***

Welcome to the wonderful, magical world of La Leche League where everyone is important and each person is a star! Welcome to a place where dreams can become reality. Welcome to an organization that has existed for 50 years—an answer to a dream.

**7:00 PM—7:45 PM (19:45—23:00) Meet and Greet**

**7:45 PM (19:45)** Take a trip back in time to past Conferences through the magical technology and dreams of many.

**8:00 PM (20:00) Parade of Nations** invites people from around the world to join in the fun and festivities.

**Introduction of the Founders**—The Seven Special Women who dreamed that mothers everywhere would be able to enjoy breastfeeding their babies.

**8:30 PM (20:30) The Magic of La Leche League: Building a Future for Children and Families around the World**

Michael Brandwein  
**International Ballroom**

**10:00 PM—11:00 PM (22:00—23:00) Late Night Chat with the Alums**

An LLLI Alumnae Association “members only” gathering for some Alum Fun! Check the Navigating the LLLI Conference table for the location.

**SATURDAY, JULY 21, 2007****6:00 AM Rejuvenation Activities**

Early morning walk from the Hilton Hotel  
Water aerobics—**Hilton Pool**

**7:00 AM—9:00 PM (7:00—21:00) Poster Presentations on Display****8:00 AM—4:00 PM (8:00—16:00) Navigating the LLLI Conference**

A table staffed by well-informed Alumnae volunteers will be located in the Conference registration area on the lower level to provide answers to your questions about the Conference, the hotel, or the Chicago area.

**8:00 AM—9:30 AM (8:00—9:30) General Session*****Celebrate the Future, Hand in Hand***

The morning starts with a Performance Arts Piece by the Pizzazz team as they “Celebrate the Future, Hand in Hand”

**Introduction of the LLLI Board of Directors*****The Power of Breastfeeding***

Marian Tompson  
**International Ballroom**



## 8 | Saturday Sessions

### **10:00—12:00 NOON (10:00–12:00) CONCURRENT SESSIONS**

- 101 ***Breastfeeding and Safe Co-Sleeping*** «CE»  
James McKenna, PhD  
*Continental A&B*
- 102 ***Successful Breastfeeding Community-Based Programs*** «CE»  
Felicity Savage-King, MD  
*Continental C*
- 103 ***Standing Tall as a Breastfeeding Mother***  
Peggy O'Mara  
*Grand Ballroom*
- 104 ***Simplicity Parenting: Why Less Is More for Children***  
Kim John Payne, MEd  
*Marquette*
- 105 ***Evaluating and Solving Difficult Breastfeeding Problems: New Case Studies*** «CE»  
Karin Cadwell, RN, MSN, PhD  
*Williford A&B*
- 106 ***A Humorous Look at 50 Great Years***  
Faye Young  
*Williford C*
- 107 ***Empower Women as Mothers and Providers of Breastfeeding Support and Information to Other Women***  
Global Session  
*Boulevard A*
- 108 ***Revitalize and Expand the Baby-Friendly Initiative***  
Global Session  
*Boulevard B*
- 109 SP ***Revision Critica de la Recomendacion de la AAP del uso del chupete para la prevencion de muerte subita***  
Monica Tesone  
*Joliet*

### **10:00 AM—12:30 PM (10:00—12:30) Rejuvenation Activities**

### **11:30 AM—12:30 PM Exhibit Hall, Bookstore, Peer Counselor Rooms Open**

## ***Global Sessions***

To celebrate the power of breastfeeding and the LLLI 50th Anniversary, the Global Sessions will feature programs, projects, and activities from the worldwide breastfeeding community. Each session will demonstrate progress toward an environment of support for the breastfeeding mother that fits within the framework of the Innocenti Declaration 2005. Session Topics will fit into one of the following issues addressed in this international document:

1. Empower women as mothers and providers of breastfeeding support and information to other women.
2. Revitalize and expand the Baby-Friendly Initiative.
3. Implement the International Code of Marketing of Breast Milk Substitutes.
4. Adopt maternity protection legislation that facilitates six months of exclusive breastfeeding with attention to the non-formal sector.
5. Establish monitoring systems for appropriate infant and young child feeding practices.
6. Prioritize breastfeeding at the non-governmental level through cooperation and mutual support.
7. Ensure the health and nutritional status of women throughout all stages of life.

Speakers and presentation format for the Global Sessions will be announced in March 2007. See [www.llli.org](http://www.llli.org) for details.

## Luncheons

**12:30 PM—2:00 PM (12:30—14:00)**

110 ***Making Connections Luncheon***

A time to relax and an opportunity to interact with others at your table as you share experiences, concerns, and joys. There will not be a speaker at this Luncheon; entertainment will be provided by the Red Noz Players.

***International Ballroom***

**12:30 PM—2:30 PM (12:30—14:30)**

111 ***Continuing Education Luncheon***

***Mother Baby Togetherness: the Biological Needs of the Baby for the Mother* «CE»**

Nils Bergman, MD, MPH, PhD

***Grand Ballroom***

**2:00 PM—7:00 PM (14:00—19:00) Bookstore, Exhibit Hall, Peer Counselor Rooms Open**

**2:30 PM—3:30 PM (14:30—15:30) Break**

**2:30 PM—3:30 PM (14:30—15:30) Poster Presentation Authors Available**

**2:00 PM—5:30 PM (14:00—17:30) Rejuvenation Activities**

**3:30 PM—5:30 PM (15:30—17:30) CONCURRENT SESSIONS**

112 ***Why Mothers Abandon Breastfeeding* «CE»**

Michael Abou-Dakn, MD, PhD, IBCLC

***Continental A***

113 ***Self Attachment: Doing What Comes Naturally* «CE»**

Kittie Frantz, RN, CPNP-PC

***Continental B***

114 ***Anatomy of the Nipple and Its impact on Breastfeeding* «CE»**

Kay Hoover, MEd, IBCLC

***Continental C***

115 ***Avoiding Unnecessary Guilt When Breastfeeding Does Not Happen***

Miriam Labbok, MD, MPH, FACPM, IBCLC, FABM

***Grand Ballroom***

116 ***The Soul of Discipline: Creative Compliance, Emotional Skills, Managing Critical Choices***

Kim John Payne, MEd

***Marquette***

117 ***Barefoot Summers: Reflections of Home, Family, and Simple Pleasures***

Faith Bedford

***Williford A & B***

118 ***The Breastfeeding Café: Sharing the Joys, Secrets, and Challenges of Breastfeeding Mothers***

Barbara Behrmann, PhD

***Williford C***



## 10 | Saturday Sessions

- 119 *Breastfeeding and the Law: Nursing in Public, Employment, Jury Duty, Custody, and Visitation Issues*  
Jake Marcus, Esq, Melissa Vance, Deidra Wachbrit  
*Lake Erie*
- 120 *From Pabulum to Pad Thai: The Twisted History and Big Business of Baby Food*  
Margaret Kenda  
*Lake Huron*
- 121 *Sisterhood Across Racial Lines: Breastfeeding Promotion and Support for the African-American Community*  
Panel to be announced  
*Lake Michigan*
- 122 *The Difference Dads Make*  
W. Bradford Wilcox, PhD  
*Lake Ontario*
- 123 *Implement the International Code of Marketing of Breast Milk Substitutes*  
Global Session  
*Boulevard A*
- 124 *Adopt Maternity Protection Legislation That Facilitates Six Months of Exclusive Breastfeeding with Attention to the Non-Formal Sector*  
Global Session  
*Boulevard B*
- 125 SP *Cuidado Canguro, restablecimiento del paradigma original para el cuidado infantil y la lactancia* (CE)  
Nils Bergman, MD, MPH, PhD  
*Joliet*

**5:30 PM—7:30 PM (17:30—19:30) Donor and Speaker Reception—by Invitation Only**

**7:00 PM—10:00 PM (19:00—22:00) THE WORLD FAIRE**

Join the world of breastfeeding at this popular Conference event. Vendors from around the globe will sell their wares in a festive atmosphere. Shop or just walk around the world in one evening. Bring home souvenirs for those at home. Treat yourself to jewelry, artwork, delicacies, children's crafts, and more.

**International Ballroom**

**7:30 PM—9:00 PM (19:30—21:00) Children's Faire**

Activities for children of all ages—baby races, musical chairs, story times, lullabies, sing-a-longs, jump-rope-a-thon, circle games, and dances.

**Grand Ballroom**

**8:00 PM—9:30 PM (20:00—21:30) Twenty-Five Year Leader Gathering**

A gathering for Leaders who have celebrated their silver anniversary (or more) with LLLI.

**9:00 PM—10:30 PM (21:00—22:30) Musical Jam Session—bring your instrument and join the fun!**

### ***Browsing the Conference Bookstore***

If you like books on babies, children, breastfeeding, parenting, and nutrition, you'll be in literary heaven at the Conference Bookstore. Where else but La Leche League can you find so many authors who truly understand the needs of mothers, babies, and children? The tables will be loaded with new books, old favorites, books written by Conference speakers, children's books, and more! You can take a good look at books you've always wondered about and maybe discover a few treasures that are new to you. Come to an autograph session at the Bookstore to meet your favorite authors and get your books signed. The Bookstore will also feature Conference souvenirs, tapes, and quiet toys to keep children busy during sessions. Come and shop for yourself and for gifts to take to friends and family at home. Bookstore opens July 20 at 1:00 PM.



**SUNDAY, JULY 22, 2007**

**6:00 AM Rejuvenation Activities**

Early morning walk from the Hilton Hotel  
Pool aerobics—*Hilton Pool*

**8:00 AM—4:00 PM (8:00—16:00) Navigating the LLLI Conference**

A table staffed by well-informed Alumnae volunteers will be located in the Conference registration area on the lower level to provide answers to your questions about the Conference, the hotel, or the Chicago area.

**8:00 AM—9:30 AM CONCURRENT SESSIONS**

201 ***Kangaroo Mother Care: Restoring the Original Paradigm for infant***

***Care and Breastfeeding*** «CE»  
Nils Bergman, MD, MPH, PhD  
*Continental A*

202 ***Medications & Mother's Milk*** «CE»

Thomas Hale, RPh, PhD  
*Continental B*

203 ***Management of Breastfeeding*** «CE»

Ruth Lawrence, MD, FAAP  
*Continental C*

204 ***Media Violence and How It Affects Children***

Douglas Gentile, PhD  
*Grand Ballroom*

205 ***The Vital Role that Nutrition Plays in a Variety of Medical and Behavioral Problems***

James Sears, MD  
*Marquette*

206 ***Women's Health: A Wholistic Approach***

Lorene Wu, MD, DIPL, AC  
*Williford A & B*

207 ***Board of Directors Open Forum***

LLLI Board of Directors  
*Williford C*

208 ***Raising Your Spirited Child: A Guide for Parents Whose Child Is More Intense, Sensitive, Perceptive, Persistent, Energetic***

Mary Sheedy Kurcinka  
*Lake Erie*

209 ***Hirkani's Daughters: Scaling Modern Mountains to Combine Breastfeeding and Working***

Jennifer Hicks  
*Lake Huron*

210 ***Teaching Tools for Making Breastfeeding Support Fun***

Cathy Carothers, BLA, IBCLC, and Kendall Cox, IBCLC  
*Lake Michigan*

***Toddlers at the Conference***

Babies in arms who are easily quieted meld right into a La Leche League Conference as nursing mothers are very sensitive to their needs for food and comfort. Older babies and little toddlers from age one to three are often more of a challenge. Although they, too, are comforted with breastfeeding, the older babies tend to vocalize sweet baby sounds and the toddlers are also very vocal and mobile.

In order to provide a quiet atmosphere for the speaker and attendees, please be aware of the happy baby sounds, crying, and other toddler noises that are disturbing to others. When this occurs please leave the session and tend to your baby or child. Sometimes just a few minutes of walking in the hallway or a change of scene will do wonders to calm a baby or child. Feel free to return to the session, or if that is not possible, remember that most sessions are recorded and will be available on a CD.





### *Children and Teens at the Conference*

Children are what we are all about. We value our families and strive to make them an integral part of the Conference. We have a jam-packed Playroom with all manner of toys, crafts, activities, and games to keep children and their caregivers (who must be Conference registrants) busy and happy. This is a great place to meet families from around the world.

The Pizzazz Team has lined up some dynamite workshops for children of all ages. When you get to the Conference you will receive a flyer that details times and places for these events. Among the workshops will be Chance to Dance (ages five to teens in separate sessions), Chance to Twirl (ages eight and up), Chance to Sing (ages eight and up), and Theatre Workshop (ages eight and up). Imagine the memories your children will have! Of course there will also be storytimes and craft projects for all ages (preschoolers must be accompanied by a caregiver) in the Pizzazz workshop area.

Teens from 13 and up will enjoy activities and meeting other teens in the Teen Lounge. They can also be performers at the Celebration Dinner.

- 211 ***Thinking about Leadership?***  
Learn about the LLLI mission and purpose, what a Leader does, prerequisites to applying for leadership, what work and costs are involved in an application, and criteria for accreditation as an LLL Leader.  
**Lake Ontario**
- 212 ***Establish Monitoring Systems for Appropriate Infant and Young Child Feeding Practices***  
Global Session  
**Boulevard A**
- 213 ***Prioritize Breastfeeding at the Non-Governmental Level Through Cooperation and Mutual Support***  
Global Session  
**Boulevard B**
- 214 SP ***Apego propio: actuar naturalmente*** «CE»  
Kittie Frantz, RN, CPNP-PC  
**Joliet**

**9:15 AM—12:30 PM Exhibit Hall, Bookstore, Peer Counselor Rooms Open**

**10:00 AM—12:00 NOON CONCURRENT SESSIONS**

- 215 ***A New Paradigm for Depression in Postpartum Mothers: Complementary and Alternative Treatment Approaches*** «CE»  
Kathleen Kendall-Tackett, PhD, IBCLC  
**Continental A**
- 216 ***Breastfeeding Protocols for Premature Babies*** «CE»  
Paula Meier, RN, DNSc FAAN  
**Continental B**
- 217 ***Ethical Practices for the Lactation Care Provider*** «CE»  
Lois Arnold, PhD  
**Continental C**
- 218 ***Sleepless in America: Is Your Child Misbehaving or Missing Sleep?***  
Mary Sheedy Kurcinka  
**Grand Ballroom**
- 219 ***It Takes a Family to Have a Baby: A Pioneer in Natural Childbirth Shares Her Insights***  
Ina May Gaskin, MA, CPM  
**Marquette**

- 220 ***Kindred Spirits: Lifetime Friendships***  
Paulina Smith and Mari Carmen Mariscal  
***Williford A & B***
- 221 ***The Mothering Art of Making Relationships***  
Naomi Stadlen  
***Williford C***
- 222 ***What Moms Really Think: Startling Results and Insights from the La Leche League User Survey***  
Josh Bernoff  
***Lake Erie***
- 223 ***Philosophy of Advertising and Brain Development of Children***  
Douglas Gentile, PhD  
***Lake Huron***
- 224 ***Starting Solids: When, What, & How?***  
Sarah Gill  
***Lake Michigan***
- 225 ***The Role of the Father during Delivery and Breastfeeding***  
Michael Abou-Daken, MD, PhD, IBCLC  
***Lake Ontario***
- 226 ***Ensure the Health and Nutritional Status of Women Throughout All Stages of Life***  
Global Session  
***Boulevard A***
- 227 ***Empower Women as Mothers and Providers of Breastfeeding Support and Information to Other Women***  
Global Session  
***Boulevard B***
- 228 SP ***Como la alimentación con biberón y el uso del chupete pueden conducir a falta de sueño, ronquido, apnea y enuresis*** «CE»  
Brian Palmer, DDS  
***Joliet***

## ***Luncheons***

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***12:30 PM—2:00 PM (12:30—14:00)***

- 229 ***Making Connections Luncheon***  
A time to relax and an opportunity to interact with others at your table as you share experiences, concerns, and joys. There will not be a speaker at this Luncheon; entertainment will be provided by the youngest of the Chance to Dance children.  
***International Ballroom***

***12:30 PM—2:30 PM (12:30—14:30)***

- 230 ***Continuing Education Luncheon***  
***Winning at Birth: Priorities for Childbirth and Breastfeeding*** «CE»  
Linda Smith, BSE, FACCE, IBCLC  
***Grand Ballroom***

***2:00 PM—4:00 PM (14:00—16:00) Exhibit Hall and Peer Counselor Rooms Open***

## ***Salón Latino-Latino Room***

Las latinas invitan al salón latino donde se ofrecerán sesiones en español y además sesiones traducidas con algunos de los ponentes de la conferencia (ver programa). El salón estará decorado con elementos de cada país donde la Liga de la Leche está presente en la región. Habrá además música y degustaciones de los diferentes países. Se mostrarán los recursos de publicaciones usados en la región. No deje de visitarnos, te esperamos.

Latin American Leaders invite you to their special room where there will be sessions offered in Spanish as well as some with consecutive interpretation (see program). The room will be decorated with elements of each country where LLLI has a presence. There will be music and things to try from different countries as well as a display of our materials. Please stop by and visit, or take a session and practice your Spanish with us! We can't wait to see you!



**2:00 PM—7:00 PM (14:00—19:00) Bookstore Open**

**3:00 PM—5:00 PM (15:00—17:00) Rejuvenation Activities**

**3:00 PM—5:00 PM (15:00—17:00) CONCURRENT CE SESSIONS**

- 231 ***Update on Jaundice in the Breastfed Baby*** **«CE»**  
Lawrence Gartner, MD, FAAP  
**Continental A**
- 232 ***Fixing the Almost Failures: A Step by Step How To*** **«CE»**  
Chele Marmet, BS, MA, IBCLC  
**Continental B**
- 233 ***Seeing the Big Picture: Breastfeeding as Part of a Primary Health Care Strategy*** **«CE»**  
Patricia Marten, PhD, MSc, IBCLC  
**Continental C**
- 234 ***Ten Ways Attachment Parenting Makes Discipline Easier***  
William Sears, MD, and Martha Sears, RN  
**Grand Ballroom**
- 235 ***Breastfeeding and HIV: What Works, What Doesn't, What Has to Be Changed***  
Ted Greiner, PhD, Cathy Liles, MPH, and Marian Tompson  
**Marquette**
- 236 ***The Smartest Women in the Room: The Business History and Economic Impact of Breastfeeding***  
Margaret Kenda  
**Williford A & B**
- 237 ***A Comprehensive and Updated Look at the Global Strategy on Infant and Young Child Feeding***  
Audrey Naylor, MD, DPH, FAAP  
**Williford C**
- 238 ***Promoting and Supporting Legislation that Protects Breastfeeding***  
Monica Tesone  
**Lake Erie**
- 239 ***The Importance of the Delivery System of Breastfeeding: Including How Bottle-Feeding and Pacifier Use May Lead to Poor Sleep, Childhood Enuresis, Snoring, and Sleep Apnea in Adults***  
Brian Palmer, DDS  
**Lake Huron**
- 240 ***Peer Support for Mothers of Premies***  
Paula Meier, RN, DNSc, FAAN  
**Lake Michigan**
- 241 ***Life Conversations***  
Facilitators will help connect and encourage meaningful conversations for requested topics. Attendees of all ages welcome. (See Connecting Conversations, page 21.)  
Alumnae Session  
**Lake Ontario**

- 242 ***Revitalize and Expand the Baby-Friendly Initiative***  
Global Session  
***Boulevard A***
- 243 ***Implement the International Code of Marketing of Breast Milk Substitutes***  
Global Session  
***Boulevard B***
- 244 SP ***Enfrentando los desafíos para los próximos 50 años – Sobreponerse a los obstáculos***  
***(Facing the Challenges for the Next 50 years - Overcoming Obstacles)***  
Jack Newman, MD, FRCPC  
***Joliet***

## ***5:15 PM—7:00 PM (17:15—19:00) THE FOUNDERS' TEA***

### ***Hosted by the LLLI Alumnae Association*** ***“Solid Gold”***

A tea with the Founders as our honored guests, presented by the LLLI Alumnae Association. Join us for this special tea party and enjoy a light meal with special musical performances. We'll sing songs with the Founders that reflect memories of La Leche League; honor the recipient of the LLLI Alumnae Association Award; and recognize La Leche League Leaders who have served 25 years or more.

Janet Jendron, Mistress of Ceremonies  
***Grand Ballroom***

## ***7:30 PM—10:00 PM (19:50—22:00) GALA AWARDS NIGHT*** ***International Ballroom***

### ***Debut of the Chance to Sing Chorus – Voices of Angels***

### ***Honor the Second Tier of LLL Founders***

LLL Leaders from around the world and across the continents who were instrumental in carrying out the dream of the original seven Founders. They carried the miracle and majesty of breastfeeding to the corners of the earth. We stand in their honor! They deserve it!

### ***A Collection of Breastfeeding in Art***

Cathy Liles shares her collection of Breastfeeding Artwork.

### ***Special Awards Ceremony***

At every LLLI Conference, the Board of Directors of La Leche League International presents Awards of Recognition and Appreciation to selected persons and organizations who have contributed in a special way to the promotion and support of breastfeeding. The recipients of these awards share the dream of the LLLI Founders, and now they are being honored and thanked for their achievements.

## ***Visiting the Exhibit Hall***

Come to the Exhibit Hall at the International Conference and you'll find everything from simple toys to the latest in nursing fashions. You'll have the opportunity to talk to manufacturers, home business owners, and representatives from other organizations who advocate for mothers and babies. You can learn more about products you've only seen in advertisements, or even pick up some ideas for business projects of your own. There are always lots to learn and lots to enjoy in the Conference Exhibit Hall. Support our exhibitors; their participation in our Conference supports LLLI and breastfeeding. Exhibits open Friday July 20.



## **MONDAY, JULY 23, 2007**

### **6:00 AM Rejuvenation Activities**

Early morning walk from the Hilton Hotel  
Pool aerobics—*Hilton Pool*

### **6:00 AM—7:30 AM Early Morning Sharing with the LLLI Board of Directors**

### **8:00 AM—12:00 NOON Navigating the LLLI Conference**

A table staffed by well-informed volunteers will be located in the Conference registration area to provide answers to your questions about the Conference, the hotel, or the Chicago area.

### **8:00 AM—9:30 AM GENERAL SESSION**

#### ***Teaching Our Children to Be Respectful in a Very Rude World***

Char Wenc

Start the morning off by enjoying the second group of Chance to Dancers as they bring you JOY!

***International Ballroom***

### **9:15 AM—12:30 PM Last Chance to Visit the Exhibit Hall**

### **9:15 AM—12:30 PM Bookstore and Peer Counselor Room Open**

### **10:00 AM—12:00 NOON CONCURRENT SESSIONS**

#### **301 *Mothering Multiples: Breastfeeding and Caring for Twins or More* (CE)**

Karen Gromada, MSN, RN, IBCLC

***Continental A***

#### **302 *Environmental Chemicals in Human Milk* (CE)**

Cheston Berlin, MD

***Continental B***

#### **303 *The World Health Organization Growth Charts* (CE)**

Randa Saadeh, Msc, RD

***Continental C***

#### **304 *Viva la Difference: Gender Differences in Parenting***

W. Bradford Wilcox, PhD

***Grand Ballroom***

#### **305 *Vaccines: Making an Educated Decision for Your Child***

Robert Sears, MD

***Marquette***



## **Poster Presentations**

Will be located in the Foyer of the Continental Ballroom on the Lobby Level. Posters will consist of illustrative charts, graphs, photographs, drawings, text, or possible devices that protect, support, or promote breastfeeding. All media will be arranged on a free standing board to describe a particular project, research study, or innovative program.

The posters can be viewed at any time during the Conference. Poster authors will be available with their posters to answer questions or provide further information during the break times immediately following the luncheons from 2:30 PM—3:30 PM (14:30—15:30) on July 21 and 23.



### ***The LLLI Technology Room***

Showcases the work LLL Leaders around the world are doing via the Internet. Computers will be set up to demonstrate the LLLI Web site as well as to make the Conference Web pages where we will feature updates of session reports, speaker photos, and action shots. Live chats will be held with speakers so that LLL members, Leaders, and others around the world can get a taste of the fun in Chicago. The Technology Room is the place to gather and meet with your online friends from the Community Network and email lists, meet Leaders who have led your online chats, or find out how YOU can help out with the LLLI online activities.

- 306 ***La Leche League: The Catalyst for a Revolution in Attitudes***  
A group of pioneers in breastfeeding, childbirth, and parenting join together to share insights into how the influence of LLL motivated them to communicate their message of change throughout the world.  
***Williford A & B***
- 307 ***The Empowering and Healing Potential of Breastfeeding***  
Barbara Behrmann, PhD  
***Williford C***
- 308 ***Innovative Music Therapy for Childbirth***  
Kathryn Taylor, MHMT, MTBC  
***Lake Erie***
- 309 ***A Family Practice Physician Discusses Breastfeeding as an Integrated Family Health Issue***  
William White, MD  
***Lake Huron***
- 310 ***Cultural Awareness? Cultural Competency? What Does It All Mean? An introspective look at how we assist and support all the mothers we work with.***  
Nancy March, MS  
***Lake Michigan***
- 311 ***Ensuring the Future of LLL: Supporting a Leader Applicant***  
Learn about resources available to help supporting Leaders; share ideas and discuss questions with other Leaders.  
***Lake Ontario***
- 312 ***Adopt Maternity Protection Legislation that Facilitates Six Months of Exclusive Breastfeeding with Attention to the Non-Formal Sector***  
Global Session  
***Boulevard A***
- 313 ***Establish Monitoring Systems for Appropriate Infant and Young Child Feeding Practices***  
Global Session  
***Boulevard B***
- 314 SP ***Manejo de la Lactancia*** **«CE»**  
Ruth Lawrence, MD, FAAP  
***Joliet***

***10:00 AM-12:00 NOON Rejuvenation Activities***  
***Alumnae Room***

**Luncheons****12:30 PM—2:00 PM (12:30—14:00)****315 *Making Connections Luncheon***

A time to relax and an opportunity to interact with others at your table as you share experiences, concerns, and joys. There will not be a speaker at this Luncheon; entertainment will be provided by the Chance to Sing Chorus and the LLL Twirlers.

***International Ballroom*****12:30 PM—2:30 PM (12:30—14:30)****316 *Continuing Education Luncheon******New Research on the Anatomy of the Lactating Breast and Implications for Practice***

Peter Hartmann, BRurSc, PhD

***Grand Ballroom*****2:00 PM—5:00 PM (14:00—17:00) Last Chance to Visit Peer Counselor Rooms****2:00 PM—5:00 PM (14:00—17:00) Last Chance to Visit Bookstore****2:00 PM—5:00 PM (14:00—17:00) Rejuvenation Activities****2:30 PM—3:30 PM (14:30—15:30) Break****2:30 PM—3:30 PM (14:30—15:30) Poster Presentation Authors Available****3:30 PM—5:30 PM (15:30—17:30) CONCURRENT CE SESSIONS****317 *Breastfeeding Made Simple: Seven Natural Laws for Nursing Mothers* (CE)**

Nancy Mohrbacher, IBCLC

***Continental A*****318 *Practical and Policy Related Tools for Breastfeeding Promotion and Support* (CE)**

Miriam Labbok, MD, MPH, IBCLC, FACPM, FABM

***Continental B*****319 *Helping a Mother Increase Her Milk Supply* (CE)**

Christine Smillie, MD, FAAP, IBCLC

***Continental C*****3:30 PM—5:00 PM (15:30—17:30) CONCURRENT SESSIONS****320 *Facing the Challenges for the Next 50 Years—Overcoming Obstacles***

Jack Newman, MD, FRCPC

***Grand Ballroom*****321 *Finding Your Tribe***

Teresa Pitman

***Marquette*****322 *I Love You and the Answer is STILL No!***

Char Wenc

***Williford A & B***

- 323 ***You're Eating What? Stop Eating Genetically Engineered Foods***  
 Jeffrey M. Smith  
*Williford C*
- 324 ***Using the Home Court Advantage in Childbirth***  
 Mayer Eisenstein, MD, JD, MPH  
*Lake Erie*
- 325 ***The Seven Standards: Ecological Breastfeeding for a New Generation***  
 Sheila Kippley  
*Lake Huron*
- 326 ***Effective & Successful Teen Breastfeeding Support***  
 Peer Counselor Session  
*Lake Michigan*
- 327 ***Fathering Open Space***  
 An opportunity for dads to share their concerns in an informal discussion format.  
*Lake Ontario*
- 328 ***Prioritize Breastfeeding at the Non-Governmental Level through Cooperation and Mutual Support***  
 Global Session  
*Boulevard A*
- 329 ***Ensure the Health and Nutritional Status of Women Throughout All Stages of Life***  
 Global Session  
*Boulevard B*
- 330 SP ***Lactancia y VIH/SIDA en los países latinoamericanos***  
 Irma de Maza, Yanet Olivares, and Marian Tompson  
*Joliet*



***6:30 PM—10:30 PM (18:30—22:30)***

***CELEBRATION DINNER AND CLOSING***  
 Celebrating the Power of Breastfeeding

***6:30 PM (18:30) Meet & Greet Reception with Cash Bar***

***7:30 PM (19:30) Dinner and Entertainment***

After a lavish meal in an elegant setting, the evening's entertainment starts with a very special guest – popular singer Billy Dean (“Let Them Be Little”) who will honor the Founders by singing some of his songs. He is here as a result of a special fundraising campaign. Enjoy a rare treat as we bring this once-in-a-lifetime event to a close.

The Founders will present their special Founders Award, and the evening would not be complete without our Board Walk of former Board members.

The Conference Teens will take the stage and have some Magic to share with you. Our La Leche League family has produced an array of multi-talented professional entertainers who will delight you. As we bring this 50th Anniversary Celebration to an end, we share our hope for a future filled with success and love.

***International Ballroom***



**Peer Counselor Programs**

Exciting Opportunities for LLL Leaders, Peer Counselors (Monitoras, Consejeras), mothers, and others interested in Breastfeeding Support and Promotion!

***Come see what others are doing!***

The La Leche League worldwide Peer Counselor Programs invite you to come and celebrate the 20th Anniversary of the Peer Counselor Program by stopping by our Open House room in Boulevard C. We will have displays of the different types of Peer Counselor Programs that are happening around the world. Plan to browse and see the many different ways the program is reaching underserved populations and get your questions answered. We will also have a networking open house for all current and former Peer Counselor Program Administrators to discuss strategies for improving and expanding the reach of this program and ways to overcome challenges found in local programs. We are looking forward to seeing you there!

***Come learn how you can do it yourself!***

We will once again be holding training sessions before the Conference so that you will be able not only to complete the training but also to attend the sessions of our exciting 2007 LLLI Conference. We will be holding Peer Counselor Training sessions and the LLLI Program Administrator Course (Train the Trainer.) Both courses start on Tuesday, July 17th at 9:00 AM; the Peer Counselor Course ends at 5:00 PM each day while the Program Administrator course will include some evening hours. Registration is limited for the Peer Counselor Program Training Workshops and is on the Conference Registration form. You may register online at [www.llli.org](http://www.llli.org) or include payment with your Conference registration. The Peer Counselor Training fee is \$350; the Peer Counselor Program Administrator fee is \$550. Registration deadline is June 15, 2007. Come share your strengths and find help for those challenges!

Current Program Administrators are all invited to drop in during sessions to our networking room. We will have sessions on teaching strategies, funding, what works /what doesn't, and communication techniques posted on our online discussion pages.

**La Leche League International Presents  
35<sup>th</sup> Annual Seminar for Physicians on Breastfeeding  
July 18-20, 2007**

Hilton Chicago, Chicago, Illinois

***Breastfeeding:  
A Global Priority***



Meet one on one with 150 pediatricians, obstetricians, family physicians, and premier lactation specialists.

La Leche League



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Co-Sponsored by:  
**American Academy of Pediatrics**



**American Academy of Family Physicians**

DEDICATED TO THE HEALTH OF ALL CHILDREN™

The American Academy of Family Physicians is participating as a Cooperating Organization

## Alumnae Room

The Alumnae Room is headquarters for Alum Fun! Visit often and enjoy the hospitality of the LLLI Alumnae Association. Meet with friends, relax, rejuvenate, and reminisce. Find out more about the Alumnae Association, how you can make a lifelong commitment to LLL, and the benefits of membership in a support network of like-minded women.

## Founders' Parlor

If you have never had a chance to sit down and talk with one of the LLLI Founders, take time to visit the Founders' Parlor. We know you will treasure chatting with Mary Ann Cahill, Edwina Froehlich, Mary Ann Kerwin, Viola Lennon, Betty Wagner Spandikow, Marian Tompson, and Mary White. The Founders hope you will make time to visit with them, sharing LLL stories, family pictures, memories from the past, and dreams for the future. Sign up early in the Alumnae Room for this unique opportunity.

## Rejuvenation Activities

Take advantage of these special activities to tone your body, fill your heart, and soothe your soul. Designed for those who want to take a break from regular Conference sessions and spend an hour or so relaxing or learning about something new and different. Offerings throughout the day will include early morning walks on Chicago's lakefront and through beautiful Grant Park; water aerobics in the Hilton's indoor pool; music and exercise, Tai Chi, Irish dancing, arts and crafts, jewelry making, knitting, crocheting, nutritional counseling, makeovers, computer hair imagery, manicures, massage, and a musical jam session.

## Connecting Conversations

Is there something you would like to talk to other LLL people about? The Alumnae will host "Connecting Conversations" throughout the conference. Topics may include: adult children, aging parents, college, divorce, employment, grandparenting, grief, home schooling, mentoring, spiritual parenting, teens, travel, and more. Check the "Connecting Conversations" schedule at the Navigating Table or Alumnae Room. If there is a subject and time that is not listed, we will post your topic for others to see. On Sunday, session 241, Life Conversations, will be used to add topics that are not scheduled. Facilitators will be available to help connect and encourage meaningful conversations.

## Twenty-Five Year Leader Gathering

A special gathering for Leaders who have served for more than 25 years will take place on Saturday evening. Come share your thoughts, memories, and the triumphs that you have experienced within and outside of LLL. Don't miss this opportunity to continue lifelong connections and make new friends. Experience the powerful energy that radiates from experienced and wise LLL Leaders.

## We Remember

A special time to remember the deceased Leaders who have been part of La Leche League's 50-year history will be offered in the Alumnae Room. Names of Leaders who have died since the 2005 Conference will be read and memories may be shared. If you have information about a Leader who has died, please send name, city, and state, or city and country where the Leader served LLL, and year of death to: Nancy Franklin, 3425 Turtle Village, San Antonio, TX 78230 USA. Or send email to [Nbfl1177@aol.com](mailto:Nbfl1177@aol.com).

## Would You Like to Help the Alumnae?

If you will be at the Conference and want to volunteer to be part of the Alumnae Conference Team, contact Sue Steilen, 13958 Grenelefe Lane, Homer Glen, IL 60491 USA. Or send email to [suesteilen@comcast.net](mailto:suesteilen@comcast.net).



*Alumnae Fun! All Conference Attendees are Invited to Join in the Following:*

## ALUMNAE THURSDAY, JULY 19

**1:00 PM—5:00 PM (13:00—17:00) Navigating the LLLI Conference**

Volunteers will answer questions about the Conference, the hotel, and the Chicago area.

**6:00 PM—10:00 PM (18:00—22:00) "Spirit of Chicago" Dinner Cruise**

(See back page for more information.)

## ALUMNAE FRIDAY, JULY 20

**8:00 AM—9:00 PM (10:00—21:00) Navigating the LLLI Conference**

Volunteers will answer questions about the Conference, the hotel, and the Chicago area.

**6:00 PM—6:45 PM (18:00—18:45) Conference Orientation**

First time attendees and those from outside the USA are invited to attend a gathering for an orientation to the Conference, the hotel, and Chicago.

**10:00 PM—11:00 PM (22:00—23:00) Late Night Chat with the Alums**

A "members only" gathering for some Alum Fun! Check the Navigating the LLLI Conference table for the location.

## ALUMNAE SATURDAY, JULY 21

**6:00 AM Rejuvenation Activities**

Early morning walk from the Hilton Hotel  
Water aerobics—*Hilton Pool*

**8:00 AM—4:00 PM (8:00—16:00) Navigating the LLLI Conference**

Volunteers will answer questions about the Conference, the hotel, and the Chicago area.

**2:00 PM—5:30 PM (14:00—17:30) Rejuvenation Activities**

**8:00 PM—9:30 PM (20:00—21:30) Twenty-Five Year Leader Gathering**

A special gathering for Leaders who have served for more than 25 years. Come share your thoughts, memories, and the triumphs that you have experienced within and outside of LLL. Don't miss this opportunity to continue lifelong connections and make new friends. Experience the powerful energy that radiates from experienced and wise LLL Leaders.

**9:00 PM—10:30 PM (21:00—22:30) Musical Jam Session—bring your instrument and join the fun!**

## ALUMNAE SUNDAY, JULY 22

**6:00 AM Rejuvenation Activities**

Early morning walk from the Hilton Hotel  
Water aerobics—*Hilton Pool*

**8:00 AM—4:00 PM (8:00—16:00) Navigating the LLLI Conference**

Volunteers will answer questions about the Conference, the hotel, and the Chicago area.

**10:00 AM—12:00 PM (10:00—12:00) Rejuvenation Activities**

**3:00 PM—5:00 PM (15:00—17:00) Rejuvenation Activities**

**5:15 PM—7:00 PM (17:15—19:00) Founders' Tea hosted by the LLLI Alumnae Association—"Solid Gold"** Join us for this special tea party and enjoy a light meal with special musical performances.



## ALUMNAE MONDAY, JULY 23

**6:00 AM Rejuvenation Activities**

Early morning walk from the Hilton Hotel  
Water aerobics—*Hilton Pool*

**8:00 AM—NOON Navigating the LLLI Conference**

Volunteers will answer questions about the Conference, the hotel, and the Chicago area.

**10:00 AM—NOON Rejuvenation Activities**

**2:00 PM—5:00 PM (14:00—17:00) Rejuvenation Activities**

For an up-to-date schedule of conference Alum activities and more information, please check out the Alumnae Web site at <http://alumnae.llli.org/>

## ***SUBMIT YOUR REGISTRATION ONLINE.***

<https://www.cteusa.com/llli/>

If you choose to mail in your registration:

Please fill out the enclosed Registration Form legibly with dark ink. Send completed form(s) with a check, money order, or bank draft in US currency payable to LLLI Conference Fund or you can charge your Conference fees to Visa or MasterCard. If you use a credit card, you can fax your Conference Registration Form to 1-847-297-5086, or mail to: LLLI Conference Registration, PO Box 2686, Des Plaines, IL 60018 USA, or email [llli7-reg@cteusa.com](mailto:llli7-reg@cteusa.com) 1-847-759-4267

## ***LLL Leader/Alumnae Registration Fee is \$485***

This reduced fee is available to Active Leaders and Retired Leaders who are Alumnae Members. This all-inclusive Conference fee includes:

- Three days of sessions
- Opening night presentation
- Three luncheons
- The Founders' Tea
- Celebration Dinner and Closing

## ***LLL Member Registration Fee is \$525***

This fee includes:

- Three days of sessions
- Opening night presentation
- Three luncheons
- The Founders' Tea
- Celebration Dinner and Closing

## ***Non-Member Registration Fee is \$570***

This fee includes everything listed above except the Founders' Tea.

## ***Daily Registration***

\$195 for Leaders and Members

\$215 for Non-Members

This price includes one day of sessions plus lunch on that day.

Late fees and other costs are listed on the Registration Form. Only one spouse needs to be a member to qualify for Member Fees. All adults must be registered for any day they wish to attend a session or luncheon or if they plan to make use of any of the LLLI Conference facilities. (The spouse of a registrant or other family members may purchase a Celebration Dinner ticket without registering for the full day.)

Everyone including children must be registered and wearing a Conference badge. Sharing of badges is not permitted. For reasons of security, only registered adults will receive an official Conference badge; special identification badges or bracelets will be issued for children and teenagers to wear. Adults not wearing an official Conference badge will not be permitted in Conference areas.

Full payment of all fees must accompany the completed Registration Form. Incomplete Registration Forms or those without full payment will be delayed until necessary information and payment in full are received.

***SPOUSE REGISTRATION***—A fee of \$100 allows the spouse of a registrant, or one other adult family member, to attend sessions. This fee is required for any spouse or adult family member who will be using Conference facilities, for example, visiting the Exhibit Hall or accompanying children to the Playroom. This fee is necessary to cover the extra cost of security and facilities at a Conference where children are welcomed. This fee does not include meals. Luncheon tickets can be purchased for \$45 each on the spouse Registration Form. Additional tickets for the Celebration Dinner can be purchased on the full Registration Form. CE credits are not available to Spouse registrants.

## ***Global Strategic Planning Summit (GSPS)***

The Global Strategic Planning Summit provides an opportunity for Leaders to learn more about the Strategic Plan—how it can frame our LLL work in local communities and help LLLI to further deliver on its mission to help breastfeeding mothers and babies.

The Global Strategic Planning Summit will be a gathering of worldwide Leaders committed to the success of LLLI. We will discuss ways to focus LLLI resources on activities that celebrate and capitalize on our unique position in providing mother-to-mother breastfeeding support. Participants will explore strategic opportunity areas for LLLI and identify ways to incorporate these in our day-to-day work as LLL Leaders.

Registration Fee for the Global Strategic Planning Summit is \$55 for those also registering for the Conference and \$250 for those attending only the Summit.

Register on the Conference Registration Form.

## ***Pre-Conference Workshops***

There is a \$35 fee for attending these pre-Conference workshops.

- A. From the Grass Roots: How Leaders Can Influence People by the Millions
- B. Providing Breastfeeding Support during Emergency Situations
- C. Career Paths in Lactation
- D. Supporting the Unique Needs of Military Mothers
- E. Employment in Breastfeeding: Making It Work
- F. Looking at the Different Ways to Do Breastfeeding Advocacy
- G. Learn Your Myers-Briggs Type for Your Personal and Professional Life

## ***Peer Counselor Training Workshop Registration***

A fee of \$350 for the 4-day pre-Conference Peer Counselor Training includes all handouts and pamphlets, copies of *THE WOMANLY ART OF BREASTFEEDING* and *THE BREASTFEEDING ANSWERBOOK*, one year of continuing education, and a certificate of completion. CERPs are available.

The fee of \$550 for the 4-day pre-Conference Peer Counselor Program Administrator Training Workshop includes all handouts, administrator resource handbook, the LLLI Peer Counselor Curriculum, *THE WOMANLY ART OF BREASTFEEDING*, *THE BREASTFEEDING ANSWERBOOK*, a syllabus, and 25 CERPs from IBCLC.

Please fill out Registration Form and include fees with registration.

## ***Continuing Education (CE) Sessions***

An additional fee of \$75 allows the participant to receive continuing education credits, a full bound syllabus containing all CE handouts, and a Certificate of Attendance. CE credits are available with full registration. A maximum of 16.5 Continuing Education Recognition Points (CERPs) are available from the International Board of Lactation Consultant Examiners. La Leche League International is approved as a provider of continuing education in nursing by the Illinois Nurses Association Continuing Education Approver Unit, which is accredited as an approver of continuing education in nursing by the American Nurses Credentialing Center's Commission on Accreditation. Thus, this activity will offer a maximum of 16.5 Contact Hours for RNs from that accrediting body and from the California Board of Nursing; application will be made for a maximum of 14.5 CPE hours from the American Dietetic Association. Attendees not wishing to receive CE credits may register for CE sessions at no additional charge and purchase the CE syllabus separately at the Conference Bookstore.

## Registration Deadlines

Regular Registration must be submitted or postmarked on or before June 15, 2007. A late fee will be added to credit card payments postmarked after June 15, 2007. All registrations should be mailed before July 6, 2007 to be sure we receive it in time to be processed. Registration will be accepted onsite at the Conference only if space is available.

**Processing of Registrations**—Registrations will be processed in the order received. Regular Registration Fees will be accepted if postmarked on or before June 15, 2007. This postmark deadline is final.

## Conference Meal Information

Luncheons are included in full registration and daily registration. Luncheon tickets are also available with spouse registration at an additional fee.

Celebration Dinner tickets can be purchased for \$65 each. Celebration Dinner tickets for children under 10 are available on request at \$35 each. Adults may attend the Celebration Dinner without being registered for the Conference.

A special badge will be issued for adults who plan to attend the Celebration Dinner but are not Conference Registrants. NOTE: All packages include a Celebration Dinner ticket.

**Entrée Selection**—Please select your entrée for each meal carefully. You will be unable to change your selection of entrée once your registration is processed. If you do not specify an entrée selection, you will receive a ticket for a meat entrée.

- 1) "Meat" will include either beef or poultry. A meat entrée will automatically be served if you do not specify another choice.
- 2) "Fish" will include fish—not shellfish.
- 3) "Vegan" will consist of a non-dairy vegan entrée with whole grains and/or legumes.
- 4) "Kosher" means that a frozen Kosher meal entrée will be served. An additional charge of \$40 for each meal will be added if a Fresh Kosher meal is required.

**Children at Meals**—Extra chairs will not be available at meal sessions; only those who have tickets will be seated and served. High chairs and strollers will not be permitted at Meal Functions or in any other Conference facilities. You may share your meal with your child if your child is sitting on your lap, but if the child should require a meal or a chair, the child must have a ticket. Special meal prices will be available for children aged 3-10.

## Refund Policies

In order to receive a refund of Registration Fees less \$75 per person for administrative costs, a written request must be postmarked by July 6, 2007. Cancellations of Registrations will not be accepted by telephone. Refunds will not be given for no-shows.

Send written request for cancellation to:

LLLI Conference Registration  
PO BOX 2686  
Des Plaines, IL 60018 USA

## Hotel Information

FOR HOTEL INFORMATION, SEE [WWW.HILTON.COM](http://WWW.HILTON.COM)

**WEB:** [http://www.hilton.com/en/hi/groups/personalized/chichhh\\_lag/index.jhtml](http://www.hilton.com/en/hi/groups/personalized/chichhh_lag/index.jhtml)

**ONLINE:** Book your reservation online at [www.llli.org](http://www.llli.org). This is the quickest and most efficient method.

**PHONE:** Call Hilton Chicago at 1-312-922-4400 or 1-800-Hiltons. Outside the US and Canada call the Hilton Reservations Worldwide nearest you. Mention the code La Leche 50th anniversary.

**FAX:** 312-922-5240

The deadline to receive a discounted room rate is Wednesday June 20th 2007. Rates quoted are in effect from July 17, 2007 to July 27, 2007. All rates are subject to the Chicago Hotel Occupancy Tax of 15.4%. Hotel rates are based on the number of adults occupying room. The maximum number of adults per room is four.

### Hotel Room Prices

Single or Double: \$141

Triple \$153

Quad \$163

Towers or Executive Level: \$184

Triple or Quad \$206

## Airport Transportation

To arrange transportation from O'Hare or Midway International Airports to the Hilton Chicago, visit [www.eved.com/laleche](http://www.eved.com/laleche). The cost is \$45 per adult and \$15 per child under the age of 12 for a Round Trip. Reservations should be made at least 5 days in advance. If you have any questions, or special requests, please feel free to call 1-630-477-2390 for assistance.

## Airline Reservations

Expertise Travel Services (ETS) International has been designated the official travel agency for the La Leche League International Conference in Chicago, Illinois, July 20-23, 2007. ETS International prides itself on offering expert skills in handling your travel requests combined with personalized attention. All of their agents have a minimum of 10 years experience and can assist with any travel needs that you may have.

ETS International has negotiated contracts for La Leche League International attendees to receive airline discounts on most major airlines from any of their published airfares. ETS has also negotiated discounts with Avis rental cars for this meeting. Just identify yourself as attending the La Leche League International 2007 Conference in Chicago, Illinois and ETS will get you the best fare available from your city! If you confirm your airline reservations more than 60 days prior to your arrival date, there are additional discounts that may apply.

## ETS International Information

Hours of operation:  
9:00 AM—5:00 PM Central Time  
(9:00—17:00)

Phone number (outside Illinois):  
888-ETS-INTL (888-387-4685)

Phone number (inside Illinois): 773-992-3800

Fax number: 773-992-3801

Email address: [travel@etsintl.com](mailto:travel@etsintl.com)

Web: <http://www.etsintl.com/site/laleche07.html>



# Conference Registration Form | 25

First Name	Last Name	Credentials
LLL Position for Badge	Social Security Number (required for CE credits)	Date of CERP/IBCLC Certification / RN/RD License #
Address		
City	State/Province	Zip/Postal Code
Country		
Fax		
Enter number of children attending from each age group.	0-3 years	4-12 years
0-3 years	4-12 years	13-16 years
Phone		
Email Address		
Nickname for Badge		

## Section 1: Membership Information (Check all that apply)

A1. <input type="checkbox"/> LLLI or Area Representative (specify) _____ A2. <input type="checkbox"/> LLL Leader (Month/Year Accredited) _____ Leader ID# _____ A3. <input type="checkbox"/> Retired Leader    A4. <input type="checkbox"/> LLL Member	A5. <input type="checkbox"/> Alumnae Member/Continuum Subscriber A6. <input type="checkbox"/> Professional (specify) _____ A7. <input type="checkbox"/> Other (specify) _____ A8. Type of CE Credits <input type="checkbox"/> CERP <input type="checkbox"/> ADA <input type="checkbox"/> CEU
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## Section 2: Registration Information

(See Information page for description of Packages)

<input type="checkbox"/> Leader/Alumnae Special Fee B1. \$485	Total	
<input type="checkbox"/> Member Fee B2. \$525	\$ _____	
<input type="checkbox"/> Non-Member Fee B3. \$570	\$ _____	
	\$ _____	

After June 15, add \$50 late fee or it will be added for you

<b>Daily Registration</b>	<b>Leader/Member</b>	<b>Non-Member</b>	
<input type="checkbox"/> Saturday	C1. \$195	C2. \$215	\$ _____
<input type="checkbox"/> Sunday	C3. \$195	C4. \$215	\$ _____
<input type="checkbox"/> Monday	C5. \$195	C6. \$215	\$ _____

After June 15, add \$20 per day or it will be added for you.

**Meal Selections**  
For each day's lunch, indicate your meal preference by checking "M"=meat, "F"=fish, "V"=vegan, and "K"=Kosher.

<input type="checkbox"/> D1. Saturday CE Luncheon	<input type="checkbox"/> M	<input type="checkbox"/> F	<input type="checkbox"/> V	<input type="checkbox"/> K	
<input type="checkbox"/> D2. Saturday Luncheon	<input type="checkbox"/> M	<input type="checkbox"/> F	<input type="checkbox"/> V	<input type="checkbox"/> K	
<input type="checkbox"/> D3. Sunday CE Luncheon	<input type="checkbox"/> M	<input type="checkbox"/> F	<input type="checkbox"/> V	<input type="checkbox"/> K	
<input type="checkbox"/> D4. Sunday Luncheon	<input type="checkbox"/> M	<input type="checkbox"/> F	<input type="checkbox"/> V	<input type="checkbox"/> K	
<input type="checkbox"/> D5. Monday CE Luncheon	<input type="checkbox"/> M	<input type="checkbox"/> F	<input type="checkbox"/> V	<input type="checkbox"/> K	
<input type="checkbox"/> D6. Monday Luncheon	<input type="checkbox"/> M	<input type="checkbox"/> F	<input type="checkbox"/> V	<input type="checkbox"/> K	
<input type="checkbox"/> D7. Celebration Dinner	_____ x \$65 =				\$ _____
	<input type="checkbox"/> M	<input type="checkbox"/> F	<input type="checkbox"/> V	<input type="checkbox"/> K	

### Meal Selections-Children's

<input type="checkbox"/> D8. Children's Lunches _____ x \$25 =	
<input type="checkbox"/> Saturday	<input type="checkbox"/> M <input type="checkbox"/> F <input type="checkbox"/> V <input type="checkbox"/> K
<input type="checkbox"/> Sunday	<input type="checkbox"/> M <input type="checkbox"/> F <input type="checkbox"/> V <input type="checkbox"/> K
<input type="checkbox"/> Monday	<input type="checkbox"/> M <input type="checkbox"/> F <input type="checkbox"/> V <input type="checkbox"/> K
<input type="checkbox"/> D9. Children's Celebration Dinner _____ x \$35 =	\$ _____
	<input type="checkbox"/> M <input type="checkbox"/> F <input type="checkbox"/> V <input type="checkbox"/> K

### Optional Registration Choices

<input type="checkbox"/> E1. CE Session Enrollment Fee	\$75	
<input type="checkbox"/> E2. Founders' Tea	\$35	
<input type="checkbox"/> E3. Spirit of Chicago Dinner Cruise	\$80	
<input type="checkbox"/> E3K. Spirit of Chicago Child 3-10	_____ x \$45 =	\$ _____
<input type="checkbox"/> E4. Fresh Kosher Meals (See Page 24)	_____ x \$40 =	\$ _____
<input type="checkbox"/> E5. Global Summit (w/Conf.)	\$55	
<input type="checkbox"/> E6. Global Summit (w/o Conf.)	\$250	
<input type="checkbox"/> E7. Pre-Conference Workshop	\$35	
	<input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C <input type="checkbox"/> D <input type="checkbox"/> E <input type="checkbox"/> F <input type="checkbox"/> G	
<input type="checkbox"/> E8. Retired Leader Alumnae Membership	\$30	
<input type="checkbox"/> E9. LLLI Membership	\$40	
<input type="checkbox"/> E10. Donation Toward Scholarship Fund		
	<input type="checkbox"/> \$25 <input type="checkbox"/> \$50 <input type="checkbox"/> \$75 <input type="checkbox"/> \$100 <input type="checkbox"/> \$200 <input type="checkbox"/> Other	\$ _____
<input type="checkbox"/> F1. Total from Spouse Registration		\$ _____
<input type="checkbox"/> F2. Total from Peer Counselor Registration Form		\$ _____

## Section 3: Conference Sessions

Write the appropriate session number in the choice boxes in in order of your preference; check CE box if you are paying the additional fee and wish to receive CE credits (see choices above).

Session Times and Days	Time	Choices			
		1st	2nd	3rd	CE
Saturday, July 21	10:00 AM—12:00 Noon				
	Luncheon				
	3:30 PM—5:00/5:30 PM				
Sunday, July 22	8:00 AM—9:30 AM				
	10:00 AM—12:00 Noon				
	Luncheon				
	3:00 PM—5:00 PM				
Monday, July 23	10:00 AM—12:00 Noon				
	Luncheon				
	3:30 PM—5:00/5:30 PM				

**TOTAL FEES ENCLOSED**    \$ \_\_\_\_\_

**See Section 4 for Payment Information**



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# *Everyone's Invited to join the LLLI Alumnae fun!*



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A range of transportation options are available from the Hilton Chicago.  
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