

Objectives

- Understand current and emerging information on the anatomy and physiology of the breast.
- Learn about medications prescribed during breastfeeding
- Learn about current research in the field of breastfeeding medicine, as well as topics now being studied.
- Learn enhanced methods of the practice of breastfeeding medicine in the office setting.

Medical Associate Membership

This membership program is the perfect compliment to the Physicians' Seminar. Not only will you receive a reduced Physicians' Seminar registration fee, the Medical Associates membership will provide a means for you to remain informed about current information on breastfeeding and lactation. Medical Associates members receive a free listing on the LLLI Web site as a breastfeeding friendly physician, a subscription to LLLI publications, a list of Health Advisory Council members who can act as consultants to the Medical Associates, and other products and services that will give you the resources your office needs to help your patients.

Today is the best time to join! You can become a member of the Medical Associates Program for only \$150. Be sure to sign up for membership when you are registering for the Physicians Seminar.



Please join us in celebrating 50 years of La Leche League International at our Conference on July 20-23, 2007. Attend sessions on the latest in breastfeeding information, earn Continuing Education credits, and network with other health care professionals from around the world. For more information, visit <http://www.llli.org/07conf/07conf.html>.

La Leche League International
Department of Education
957 N. Plum Grove Road PO Box 4079
Schaumburg IL 60173-4079 USA



Non-Profit
Organization
U.S. Postage
PAID
La Leche League
International



My Kind of Town, Chicago Is...

Discover why Chicago is your kind of town during a dazzling evening cruise on Lake Michigan. Enjoy a memorable music show, a sumptuous dinner, and the alluring lights of the Chicago skyline on the evening of Thursday, July 19. Boarding for the Spirit of Chicago is at 7 PM on Navy Pier; the cruise is from 8 PM to 11 PM. A range of transportation options are available from the Hilton Chicago. (\$80 per person; \$45 for children 3-10; children under 3 are free.) For more information, email CKolar@llli.org

Registration Brochure

American Academy
of Pediatrics



DEDICATED TO THE HEALTH OF ALL CHILDREN™



American Academy
of Family Physicians

The American Academy of Family Physicians
is participating as a Cooperating Organization

La Leche League International Presents
35th Annual Seminar for Physicians on Breastfeeding

Breastfeeding: A Global Priority

July 18-20, 2007

Hilton Chicago, Chicago, Illinois



Meet one on one with
150 pediatricians,
obstetricians, family
physicians, and premier
lactation specialists.



General Policy

La Leche League International, The American Academy of Pediatrics, and The American College of Obstetricians and Gynecologists cosponsor this Seminar for Physicians to provide education in effective lactation management using a variety of techniques and approaches.

The American Academy of Family Physicians is participating as a Cooperating Organization. This three-day intensive Seminar covers the latest breastfeeding research and features a faculty of experts in the fields of lactation and family health care. The information presented at this Seminar will enable physicians to provide the education and support necessary to facilitate successful and fulfilling breastfeeding experiences for their patients.

2007 CME Advisory Committee

Lawrence M. Gartner, MD, FAAP, Chairman
Ruth A. Lawrence, MD, FAAP
Audrey J. Naylor, MD, FAAP, DrPH
Edward R. Newton, MD
Jan Riordan, ARNP, EdD, IBCLC, FAAN
Arnold L. Tanis, MD, FAAP
Judith B. Roepke, RD, PhD
Joan Meeks, MD, FAAP
Julie K. Wood, MD, IBCLC, FAAP, FABM, Program Chair

Consultant Status

La Leche League International (LLLI) maintains consultative status with the United Nations Children's Fund (UNICEF), has an official working relationship with the World Health Organization (WHO), acts as a registered Private Voluntary Organization (PVO) for the Agency of International Development (USAID), is an accredited member of the US Healthy Mothers, Healthy Babies Coalition, the United States Breastfeeding Committee, and the Child Survival Collaborations and Resources Group (CORE). LLLI is a founding member and core partner of the World Alliance for Breastfeeding Action (WABA).

Professional Support

La Leche League International has a Health Advisory Council which consists of 50 professionals in the areas of pediatrics, obstetrics, allergy, nutrition, psychology, family practice, and other related fields. The Board is consulted on medical problems and evaluations of new research. All La Leche League materials of a medical nature are approved by appropriate consultants before publication. Complementing the Health Advisory Council are local physicians throughout the world who serve as Medical Associates of La Leche League International. For more information contact:

Pam MazzellaDiBosco, IBCLC,
Associate Director
11800 SW 44th Street
Davie FL 33330 USA
Telephone: 954-693-9791
PMazzellaDiBosco@llli.org

Accreditation

- La Leche League International is accredited by the Accreditation Council for Continuing Medical Education to sponsor continuing medical education for physicians.
- La Leche League International designates this educational activity for a maximum of 16 hours in Category 1 credit toward the AMA Physicians Recognition Award. Each physician should claim only those hours of credit that he/she actually spends in the educational activity.
- The American College of Obstetricians and Gynecologists has assigned 17 cognate credits to this program.
- This continuing medical education activity has been reviewed by the American Academy of Pediatrics and is acceptable for up to 16 AAP credits. These credits can be applied toward the AAP CME/CPD Award available to Fellows and Candidate Fellows of the American Academy of Pediatrics.
- This program has been reviewed and is acceptable for up to 16 Prescribed hours by the American Academy of Family Physicians.
- A review indicates that within the American Osteopathic Association guidelines for continuing medical education this program has been approved for 16 hours of AOA Category 2-A credit.
- This offering is approved for 16 LCERPs from the International Board of Lactation Consultant Examiners.

For further information, contact:

Carol Kolar, RN, CMP, Director of Education
La Leche League International
PO Box 4079
Schaumburg IL 60168-4079 USA
www.lalecheleague.org
FAX: 847-969-0460

Kimberly Rueter,
Meetings Manager
847-592-7561
Email:
PhysiciansSeminar@llli.org





La Leche League International *Presents* 35th Annual Seminar for Physicians on Breastfeeding
Breastfeeding: A Global Priority

Wednesday, July 18, 2007

11:00 AM—1:00 PM REGISTRATION

1:00 PM—5:30 PM INTENSIVE WORKSHOPS

■ 1:00 PM—3:00 PM

Perspectives on Breast Inflammation

Anne Eglash, MD, Michael Abou-Dakn, MD, PhD
 Drs. Eglash and Abou-Dakn will present new data on acute mastitis, stress, breast abscess, chronic breast and nipple pain, and human milk culturing. The presentation will be followed by a question and answer session with the audience.

3:00 PM—3:30 PM BREAK

■ 3:30 PM—5:30 PM

An Update on Medications in Breastfeeding Mothers and Candida Infections of the Breast

Thomas Hale, RPH, PhD
 Dr. Hale will present an in depth review of the use of medications in breastfeeding mothers with particular emphasis on new medications and new data from his laboratories. He will also cover new research on Candida Albicans and its presence in human milk.

5:30 PM WELCOME RECEPTION

Thursday, July 19, 2007

7:00 AM—8:00 AM CONTINENTAL BREAKFAST

7:00 AM—8:00 AM REGISTRATION

8:00 AM—8:15 AM WELCOME

Lawrence Gartner, MD, FAAP, Program Moderator
 Julie Wood, MD, IBCLC, FAAFP, FABM, Program Chair

■ 8:15 AM—9:30 AM

Comparative Lactation: The Development of the Mammary Gland and Maternal/Infant Development
 Peter Hartmann, BRurSc, PhD

A common feature of mammals is the ability to be able to suckle their young. However, there are large variations between mammalian species in the duration of lactation and the composition of the milk they produce. Most research in human lactation has focused on the role of human milk in promoting optimal growth and development for the baby. However, it is now becoming clear that breastfeeding offers positive developmental outcomes both for the baby and the lactating mother.

■ 9:30 AM—10:45 AM

Establishing and Maintaining Maternal Milk Supply in the NICU

Nancy Wight, MD, IBCLC, FABM, FAAP
 A full milk supply is key to eventual transition to exclusive breastfeeding post-discharge. We will explore the problems of establishing a full milk supply in the mother of a preterm infant, the importance of the first “100 hours” after delivery, and trouble-shooting a falling milk supply during the infant’s hospital course.

10:45 AM—11:15 AM BREAK

■ 11:15 AM—12:30 PM

Galactogogues: Products, Process, and Problems
 Ruth A. Lawrence, MD, FAAP, FAACT, FABM

Dr. Lawrence will discuss the need for augmentation of milk supply and the substances that are considered effective, including medications and herbal products. The discussion will include the benefits, side effects, and contraindications of various galactogogues.

12:30 PM—1:30 PM LUNCH

■ 1:30 PM—2:45 PM

Expression of Human Milk Using an Electric Breast Pump

Peter Hartmann, BRurSc, PhD
 The efficient expression of human milk is important for various reasons, however, very little research has been carried out on the physiology of breast expression. It is necessary to understand the physiology and biochemistry of milk synthesis, milk secretion, milk ejection, infant sucking, and infant appetite in order to develop efficient breast pumps and breast pumping protocols. Dr. Hartmann’s presentation will explore the relationship between the physiology of human lactation and effective expression of human milk.

■ 2:45 PM—4:00 PM

Integrating Breastfeeding Medicine into Your Primary Care Practice: A Guide to Getting Paid

Christina Smillie, MD, FAAP, IBCLC
 Does your practice style facilitate or interfere with maternal oxytocin release? How can you take the time with mothers, without losing your own shirt? Address the practical challenges of an evidence-based clinical practice. Understand coding, billing, and reimbursement for time-intensive care.

4:00 PM—4:30 PM BREAK

■ 4:30 PM—5:45 PM Donor Milk in the NICU

Nancy Wight, MD, IBCLC, FABM, FAAP
 An in depth look at the research regarding the use of fresh and heat-treated human milk for preterm and other ill infants in the NICU, including the benefits, concerns, unknowns, practical implications, and the development of commercial human milk products.

6:00 PM OPTIONAL EVENING ACTIVITY

Spirit of Chicago Dinner Cruise

Friday, July 20, 2007

7:00 AM—8:00 AM CONTINENTAL BREAKFAST

■ 8:00 AM—9:15 AM

Perinatal Neuroscience and Skin-to-Skin Contact
 Nils Bergman, MD, MPH, PhD

Dr. Bergman will present key findings from recent neuroscience research, as applied to the perinatal period. This is interpreted in the light of mammalian studies and ongoing clinical research. The argument presented is that current practices that separate mother-infant dyads (whether premature or not) do not support normal neurodevelopment and may be doing harm.

■ 9:15 AM—10:15 AM

Coming Full Circle: Learning from a Decade of Research with Sagkeeng First Nation

Patricia J. Martens, PhD, BSc, CertEd, MSc, IBCLC
 Dr. Martens will give an overview of diabetes in the province of Manitoba (with a focus on type 2 diabetes), describe a population-based breastfeeding intervention strategy in the First Nations community of Sagkeeng and in various rural regions of the province, and link together the concepts of breastfeeding intervention strategies with primary prevention of diabetes.

10:15 AM—10:45 AM BREAK

■ 10:45 AM—12:00 PM

Mother-Infant Breastfeeding With Bedsharing: Ongoing Research Perspectives on How and Why the Controversy Refuses to Go Away

James McKenna, PhD
 Dr. McKenna will review the basis of unqualified recommendations against bedsharing and explain why the recommendations are flawed, potentially dangerous, and scientifically inappropriate. Both epidemiological bedsharing studies and recent physiological studies on the benefits of bedsharing will be critically reviewed. What makes bedsharing safe or dangerous and why families practice it will also be included along with how to approach the issue of informing parents and how best to empower parents.

■ 12:00 PM—1:00 PM

Hot Issues and Updates on Global Breastfeeding: Top Ten News and Views for 2007

Miriam Labbok, MD, MPH, IBCLC, FACPM, FABM
 The object of this presentation is to inform participants of topics not otherwise covered in this meeting that may impact breastfeeding protection, promotion, or support. Issues will include a discussion of current topics in the media, the latest updates on global policies and strategies, and selected interesting or controversial research of 2006/2007.

1:00 PM

Medical Associates Luncheon and Health Advisory Council Meeting

By invitation only



2007 Faculty

Michael Abou-Dakn, MD, PhD, IBCLC

Specialty: Obstetrics and Gynaecology
 Medical Director, Dept of OB/GYN, St. Joseph Hospital Berlin Tempelhof, Berlin, Germany

Nils Bergman, MD, MPH, PhD

Specialty: Public Health Physician
 Research Affiliate with the Medical Research Council of South Africa Cape Peninsula, South Africa

Anne Eglash, MD, IBCLC

Specialty: Family Medicine
 Clinical Associate Professor, Dept of Family Medicine, University of Wisconsin School of Medicine and Public Health, Medical Director of the Meriter Hospital Outpatient Lactation Clinic, Mt. Horeb, WI

Thomas Hale, RPH, PhD

LLLl Health Advisory Council
 Specialty: Pharmacology & Therapeutics
 Professor of Pediatrics Texas Tech University School of Medicine, Amarillo, TX

Peter Hartmann, BRurSc, PhD

Specialty: Researcher, biochemistry of lactation
 School of Biomedical, Biomolecular & Chemical Sciences
 University of Western Australia, Crawley, Australia

Miriam Labbok, MD, MPH, FACPM, FABM, IBCLC

LLLl Health Advisory Council
 Specialty: Preventive Medicine
 Professor of the Practice of Public Health, Director, Center for Infant and Young Child Feeding and Care, Department of Maternal and Child Health, Chapel Hill, NC

Ruth Lawrence, MD, FABM, FAAP, FAACT

LLLl Health Advisory Council
 Specialty: Neonatology/Clinical Toxicology
 Professor Pediatrics and OB/GYN, University of Rochester, School of Medicine, Rochester, NY

Patricia Martens, PhD, BSc, CertEd, MSc, IBCLC

Specialty: Epidemiology
 Director, Manitoba Centre for Health Policy;
 Associate Professor, Department of Community Health Sciences, Faculty of Medicine, University of Manitoba, Winnipeg, Manitoba, Canada

James McKenna, PhD

LLLl Health Advisory Council
 Specialty: Evolution of infancy, infant sleep, SIDS risk, parenting, human evolution
 Department of Anthropology, Director, Mother-Baby Sleep Laboratory, University of Notre Dame, South Bend, IN

Christina Smillie, MD, FAAP, IBCLC

LLLl Health Advisory Council
 Specialty: Pediatrics
 Private Practice: Breastfeeding Medicine and Lactation Support, Stratford, CT

Nancy E. Wight, MD, IBCLC, FABM, FAAP

Specialty: Neonatology
 Medical Director, Sharp HealthCare Lactation Services, San Diego, CA

Julie K. Wood, MD, IBCLC, FAAFP, FABM

LLLl Medical Associate
 Specialty: Family Medicine
 Associate Director, Research Family Medicine Residency, Kansas City, MO

Getting There

Special travel benefits available only to attendees of the LLLI Seminar for Physicians.
 • \$150,000 of free flight insurance
 • 24-hour 800 number for emergencies
 • All major credit cards accepted
 • Guaranteed lowest available airfare to meet your travel needs.

10% discount 60 days out
 5% discount 30 days out

For information, reservations, and discount fares call: 773-992-3800 and mention LLLI.
 Outside Illinois call: 1-888-387-4685
 FAX: 773-992-3801 Email: travel@etsintl.com

Registration

- Advance discount registration fee for the first person is \$465. Included with fee, each registrant is entitled to one ticket for the Welcome Reception, 2 Continental Breakfasts, and Thursday Lunch.
- Special advance discount fee for spouse or office personnel is \$415; only one reduced fee is allowed for each registration.
- After July 2, 2007 add \$75 per registrant.
- Special rate of \$200 for resident physicians is available when registration is accompanied by a letter stating your current status from the Residency Director.
- If you are currently a Medical Associate member or would like to become a member you will receive a \$50 registration discount.
- Only registered, badged individuals may attend Seminar Sessions. Children, under 12 years old, accompany- ing registrants must have meal tickets to be seated and/or served. Adults accompanying registrants but not registered for the sessions must have tickets for the meals.
- Meals and special functions are guaranteed only with pre-registration received in the LLLI office by July 2, 2007. You must mark the functions you plan to attend to be issued a ticket.
- Refund of Registration Fees, less a \$75 administrative fee, will be made for cancellations received in writing prior to July 2, 2007. No refunds will be made after that date.

Accommodations

Attendees are asked to make their hotel reservations directly with the Hilton Chicago. Be sure to go online at http://www1.hilton.com/en_US/hi/hotel/CHICHHH-Hilton-Chicago-Illinois/index.do or call 1-800-Hiltons to make your hotel reservation. Please mention the code LLL. The special rates are only available when rooms are reserved by June 15, 2007. Be sure to reserve your room early!

Single or Double \$ 141

Hilton Chicago
 720 South Michigan Avenue,
 Chicago, Illinois 60605 USA
 Telephone: 1-312-922-4400

Registration Form

La Leche League International
 35th Annual Seminar for
 Physicians on Breastfeeding

Name First Registrant _____ Degree/Specialty _____ IBCLC Certification Date _____
 Address _____ City _____ State _____ Zip _____
 Telephone Number _____ Email Address _____

How did you hear about this Seminar? (check one): Brochure, Post Card, Web site, Email, Magazine/Catalog
 AAP Publication, Past Attendee, Other _____
 Check here if you have a disability and may require accommodation to fully participate. You will be contacted by LLLI.

Registration Fees *Mark all the apply	Early Bird Discount	Late Fee (after July 2)
<input type="checkbox"/> First Person Registration Fee	\$465	\$540
<input type="checkbox"/> Second Person (w/first registration only)	\$415	\$490
<input type="checkbox"/> Medical Associate Discount Fee	\$415	\$490
<input type="checkbox"/> Medical Associate Membership fee	\$150	
<input type="checkbox"/> Adult Dinner Cruise _____ x \$80		
<input type="checkbox"/> Child Dinner Cruise (3-10 years old) _____ x \$45		
<input type="checkbox"/> Child Dinner Cruise (No charge)		_____ x \$0
TOTAL COST	\$ _____	\$ _____

- Check here for Vegetarian Meals
 Enclosed: (check one)
 Check, money order, or bank draft payable to LLLI in US funds
 Visa MasterCard AmEx

 Credit Card Number

 Expiration Date

 Signature (required for credit card only)

 Security Code

Send check, money order, or bank draft in US funds, payable to LLLI to: LLLI Physicians' Seminar, 957 N Plum Grove Rd., PO. Box 4079, Schaumburg, IL 60168-4079 USA. FAX: 847-969-0460 or
Register online <http://lalecheleague.org/ed/PhysSem.html>.