



LLLI Prerequisites to Applying for Leadership

Personal Breastfeeding Experience

Mother has breastfed her baby for at least nine months when she applies for leadership. Baby was nourished with mother's milk until there was a nutritional need for other foods (i.e., about the middle of the first year for the healthy, full term baby). If baby has weaned, the baby was nursed for about a year and the transition from breastfeeding respected the baby's needs.

Note: Special consideration may be given to a woman whose personal breastfeeding experience is outside the realm of a normal course of breastfeeding.

Mothering Experience

Mother values nursing at her breast as the optimal way to nourish, nurture and comfort her baby. She recognizes, understands and responds to baby's need for her presence as well as for her milk. She manages any separation from baby with sensitivity and respect for the baby's needs.

Organizational Experience

- Is a member of LLL.
- Supports LLLI purpose and philosophy.
- Has attended at least one series of meetings (where available) and has demonstrated a commitment to LLL.
- Owns and is familiar with the contents of the most recent edition of *The Womanly Art of Breastfeeding* (if available in her language) as a primary resource for LLL Leaders.
- Has a recommendation from an LLL Leader.

Personal Traits

- Has sufficient command of language to complete the application and preparation for accreditation and to fulfill the responsibilities of LLL leadership.
- Has an accepting and respectful attitude toward others.
- Exhibits warmth and empathy toward others.
- Demonstrates or is willing to develop effective communication skills.