

Checklist: How Applicants Can Use the BRG

- Writing answers and checking them against what they find in the suggested resources.
- Using the BRG as a checklist of topics they will “research” and/or discuss with an experienced Leader.
- Discussing and/or role-playing one or two situations at a time, looking up only what they do not feel confident about.
- Working together on the BRG with other Applicants and/or a Leader. Each Applicant researches one or more topics and then presents the information learned to the others.

Checklist: Suggestions for Completing the Preview with an Applicant

- Help the Applicant feel comfortable about role-playing. It is the most effective way to practice putting into words what you want to say.
- Choose an unexpected time for a helping phone call. This will give the Applicant practice using the Leader Log or saying, “May I call you back in an hour?”
- Discuss challenges. Recall situations that were challenging, e.g., a participant said something shocking at a meeting. The Applicant deserves to have their first experience like this at the *Preview*, rather than during a helping call or at a LLL meeting they are leading.
- Give the Applicant the opportunity to respond to helping questions via email or texting.
- Include meeting-leading skills. For example, Leaders and Applicants might practice how to:
 - Respond to statements with open-ended questions.
 - Guide discussion away from an aggressive or shy mother without loss of face for anyone.
 - Encourage the participants to respond to each other rather than to the Leader;.
 - Use of body language to show interest.

Checklist: Additional Information Leaders Can Share with Applicants

- Share information related to the needs of other departments, e.g., when and how to contact the Professional Liaison Department (PLD); the importance of reporting.
- Involve the Applicant in decisions about Group activities, e.g., meeting planning, fundraising, publicity, Group jobs.
- Help the Applicant understand the LLL organizational support structure.
- Share articles from Leader publications.
- Help the Applicant understand how Leaders present a non-judgmental supportive atmosphere at meetings by avoiding bias and mixing causes.
- Discuss parts of LLL philosophy that the Applicant may have difficulty understanding, agreeing with or practicing.